

Presenting

PROLAX™

Tablets

Pure Herbal Laxative...

30 x 10 Tablets



For the use of regd. Medical practitioner only





PROLAX™

T a b l e t s

Made with Premium 9 Herbs

Senna
Shuddha Nepala
Revandchini
Sunth
Sanchal

Harde
Amla Fruit
Vidang Fruit
Piplamool

TRUSTED BRAND
SINCE 2010



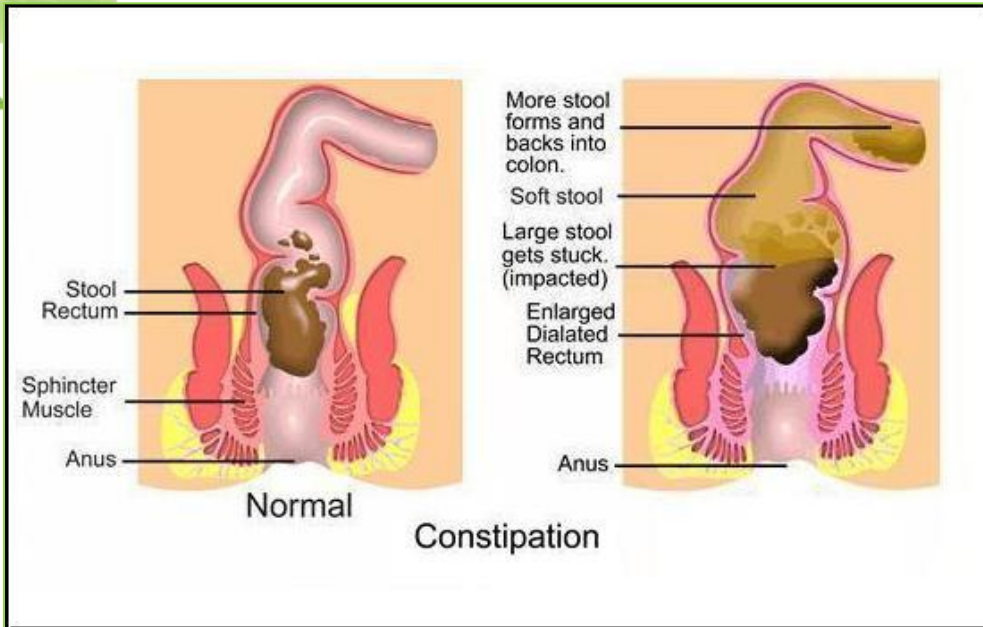
Contains :

Each uncoated tablet contains :

Harde (<i>Terminalia chebula</i>)	64.8 mg.
Amla (<i>Emblica officinalis</i>)	120.4 mg.
Senna (<i>Cassia angustifolia</i>)	84.6 mg.
Shudh nepala (<i>Croton tiglium</i>)	35.8 mg.
Revandchini (<i>Rheum emodi</i>)	63.2 mg.
Piplamool (<i>Piper longum</i>)	41.6 mg.
Vidanga (<i>Embelia ribes</i>)	30.4 mg.
Sonth (<i>Zingiber officinale</i>)	20.6 mg.
Sanchal (<i>Unnakia sodi. chloride</i>)	25.8 mg.



❑ What is constipation ?



Some of the symptoms of constipation include lower abdominal discomfort, infrequent bowel movements, straining to have a bowel movement, hard or small stools, rectal bleeding and/or anal fissures caused by hard stools, and physiological distress and/or obsession with having bowel movements.

Constipation means different things to different people. For many people, it simply means infrequent stools. For others, however, constipation means hard stools, difficulty passing stools (straining), or a sense of incomplete emptying after a bowel movement. The cause of each of these symptoms of constipation varies, so the approach to each should be tailored to each specific person.



What are constipation symptoms?

- ❑ Infrequent bowel movements
- ❑ Straining to have bowel movements
Hard and/or small stools
- ❑ Sense of incomplete evacuation after bowel movements
Lower abdominal discomfort
- ❑ Abdominal bloating, occasionally distension
- ❑ Anal bleeding or fissures from the trauma caused by hard stools
- ❑ Occasionally diarrhea due to obstruction of the colon by hard stool
- ❑ Psychological distress and/or obsession with having bowel movements
- ❑ Possible aggravation of diverticular disease, hemorrhoids and rectal prolapse



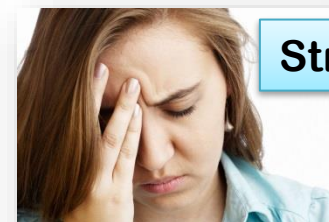
What Causes Constipation?



Eating large amounts of dairy products



Inadequate fiber in the diet



Stress



Inadequate water intake



long NIGHT working hours.

Irregular eating habits



strong pain medicines



Disturbance in regular diet or routine; traveling



Inadequate activity or exercise or immobility



Below we highlight some common stool samples, identifying the type of stool that is healthy and those that are less healthy.



Hard, separated lumps. Like pebbles. Hard to pass
Meaning: Constipation



Lumpy. Resembling a nut covered candy bar
Meaning: Constipation



Compact banana shape with cracks on surface
Meaning: Healthy GI Tract



Long banana shape. Smooth and soft
Meaning: Ideal. Healthy GI Tract



Soft blobs with distinct edges or borders
Meaning: Less substance. More liquid. Urgency



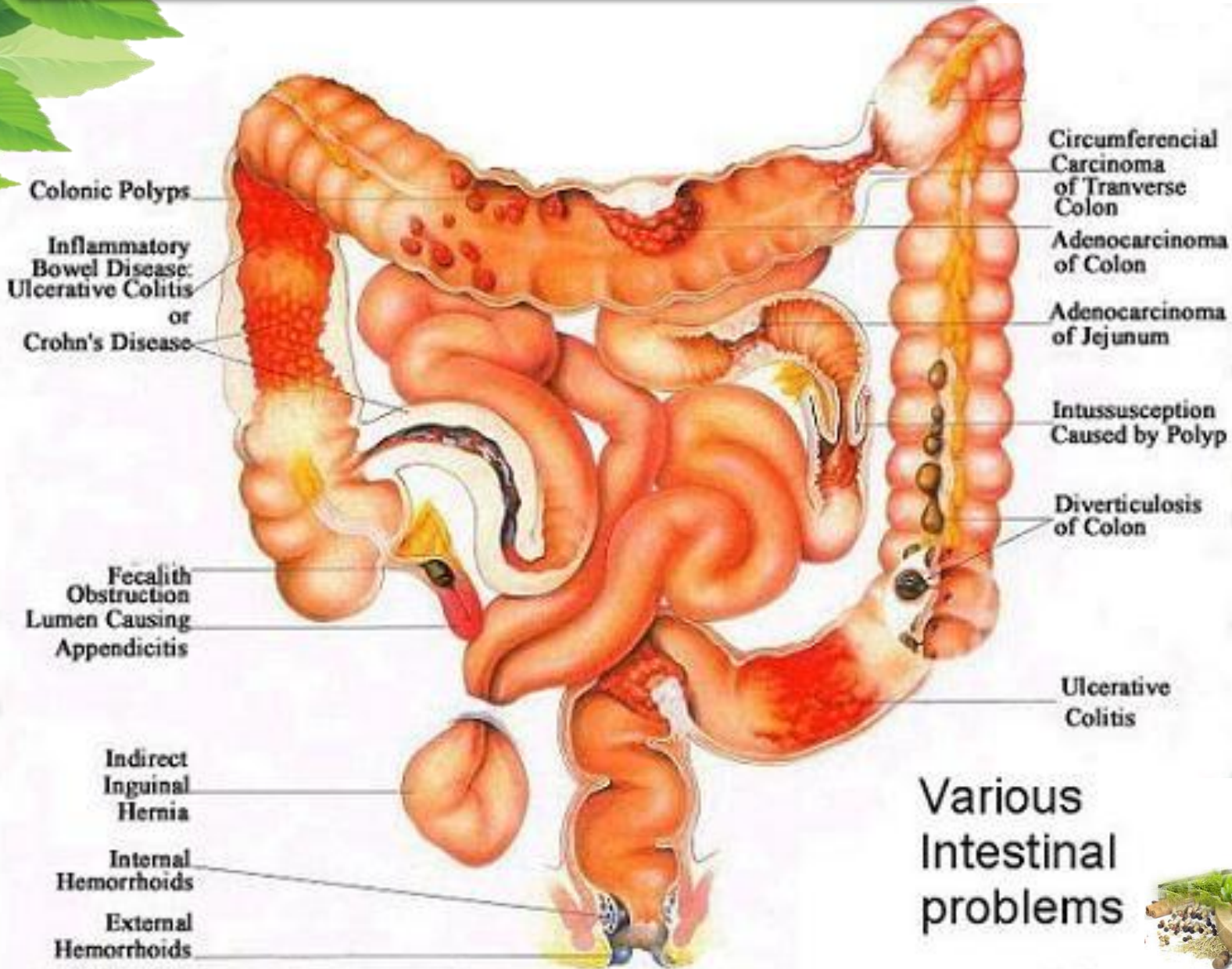
Fluffy pieces with ragged edges. Mushy
Meaning: Diarrhea. Urgency



Watery. No solid pieces. Completely liquid
Meaning: Full blown diarrhea. Urgency to expel



Remove constipation – stop following disease



Various Intestinal problems



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PRM's wellness tips...

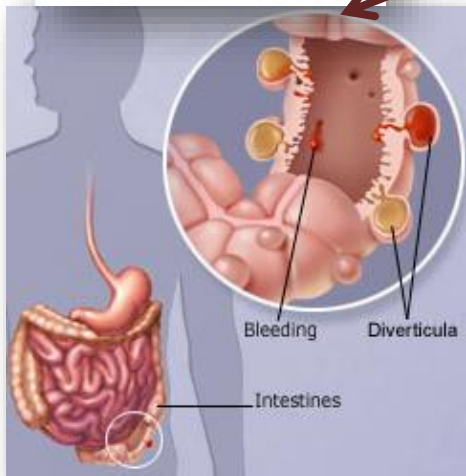
Human body is like a machine it needs balanced input & output like food, work, sleep, exercise, evacuation. Any imbalance leads to diseases, disorders causing pain, misery & suffering which nobody wishes.





Sever Constipation

Live without any disease like



Acidity



Gastric Problem,



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Precautions : The above information on this page is not intended to be a substitute for professional medical advice. Do not use this information to self diagnose without consulting your doctor.



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Thank you

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