

Trusted herbal care for piles...

PYNIL™

CAPSULES

Enriched with balanced formula



For the use of regd. Medical practitioner only

Key Contains @ Usages



**Apamarg : Useful For
Constipation, Stops
Bleeding**



**Lajjalu : Mool Useful For
Wounds During Piles
And Itching**



**Aritha Bhasma : Useful
For Inner & Outer Piles
And Useful For
Digestion And Bleeding**

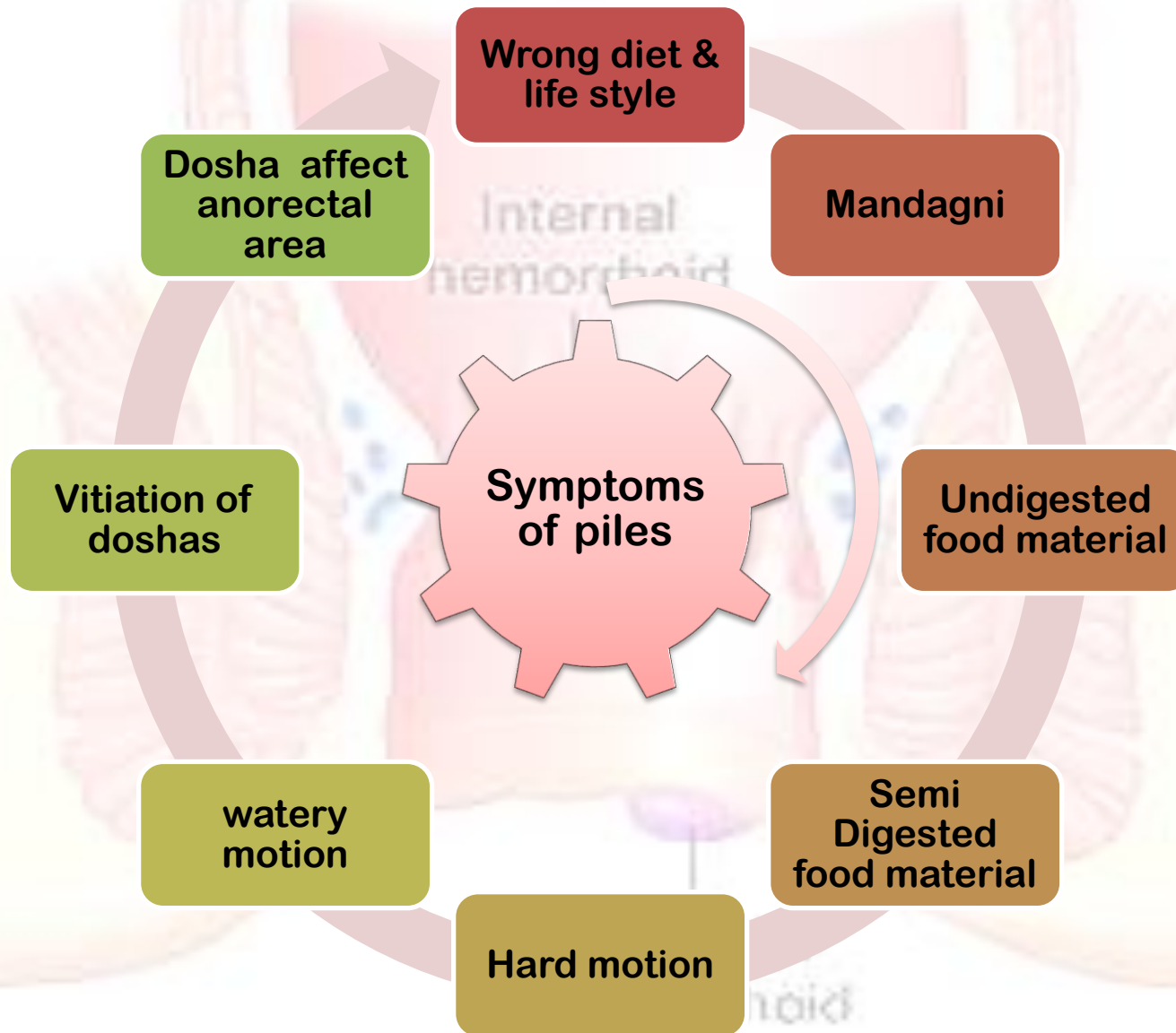


**Pittpapdo : Provides
Coolness During Piles And
Coolness**

CONTAIN ...

❖ Each Capsules Contains:

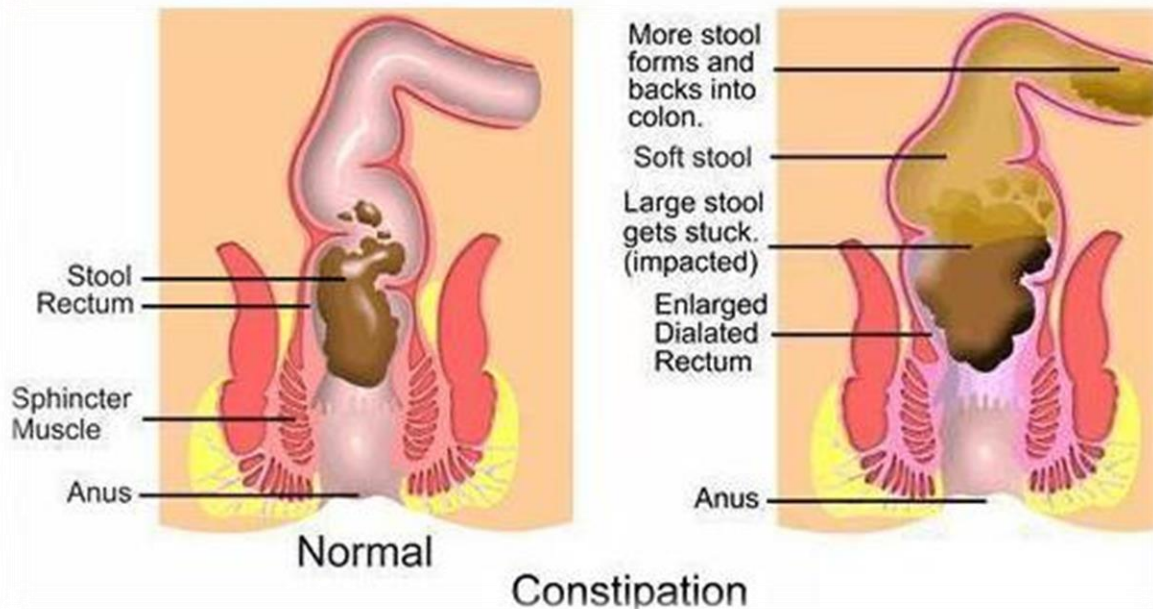
<input type="checkbox"/> Ext. of Lajjalu mool (<i>Minosa pudica</i>)	80 mg. A.B.
<input type="checkbox"/> Ext. of Apamarg panchang (<i>Achyrasunthes aspera</i>)	60 mg. A.B.
<input type="checkbox"/> Ext. of Mengo seed (<i>Megnifera indica</i>)	40 mg. A.B.
<input type="checkbox"/> Ext. of Sarpankho root (<i>Tephrosia pururea</i>)	40 mg. A.B.
<input type="checkbox"/> Ext. of Salaki niryas (<i>Boswellia serrata</i>)	20 mg. A.B.
<input type="checkbox"/> Ext. of Suran rhizome (<i>Amorphophul luscampanulatus</i>)	60 mg. A.B.
<input type="checkbox"/> Ext. of Lodhar chhal (<i>Sumplocos racemosa</i>)	40 mg. A.B.
<input type="checkbox"/> Nagkeshar flower bud (<i>Mesua ferrea</i>)	40 mg. BHP
<input type="checkbox"/> Neem chhal (<i>Azadirachta indica</i>)	40 mg. A.B.
<input type="checkbox"/> Aritha bhasma (<i>Fruits sapindus trifolius</i>)	20 mg. BHR
<input type="checkbox"/> Rasvanti powder	20 mg. A.B.
<input type="checkbox"/> Pittapapdo plant (<i>Fumaria officinalis</i>)	20 mg. A.B.
<input type="checkbox"/> Limbodi powder (<i>Melia azadirachta</i>)	20 mg. A.B.



What is piles ?

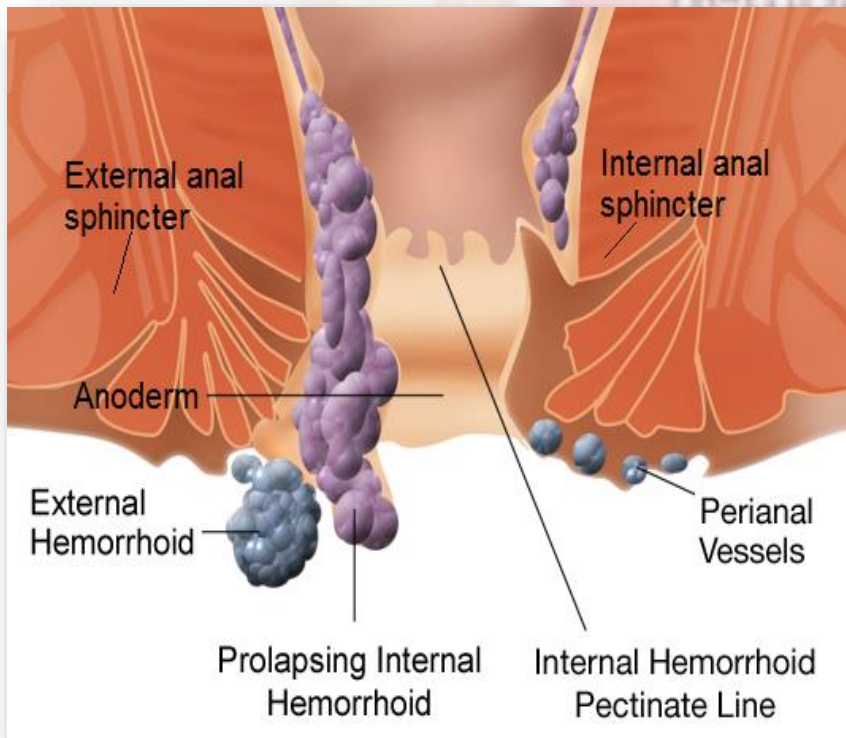
Piles Are Hemorrhoids That Become Inflamed. Hemorrhoids Are Masses, Clumps, Cushions Of Tissue In The Anal Canal - They Are Full Of Blood Vessels, Support Tissue, Muscle And Elastic Fibers.

Although Hemorrhoids Are Thought Of As Unpleasant Inflammations, We All Have Them. It Is When The Hemorrhoidal Cushions Become Too Big (Inflamed) That Problems Occur - When This Happens They Are Called Piles Or Pathological Hemorrhoids.



What Are Piles?

Piles can be of various sizes and may be internal (inside the anus) or external ones (outside the anus). Typically, internal piles occur from 2 to 4cm above the opening of the anus. External piles (perianal hematoma) occur on the outside edge of the anus. The internal ones are much more common.



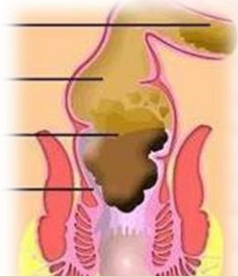
symptomatic hemorrhoids affect at least half the population at some time in their lives before the age of 50.

In the majority of cases, piles are effectively treated with over-the-counter medications, a good fluid intake, and by following a diet high in fiber. In severe cases, the piles may have to be surgically removed. About 10% of patients who go and see their doctor about piles eventually require surgical intervention.

Why Do Piles Occur?

The Blood Vessels Around The Anus And In The Rectum Will Stretch Under Pressure And May Swell Or Bulge. Inflamed Veins (Hemorrhoids) Can Develop When Pressure Increases In The Lower Rectum.

This May Be Due To



Chronic Constipation



Lifting Heavy Weights

Pregnancy



Straining When Passing A Stool



Chronic Diarrhea

- Here Are Some Key Points About Piles. More Detail And Supporting Information Is In The Main Article.
- ❑ Piles Are Hemorrhoids That Become Inflamed.
- ❑ The Size Of Piles Can Vary And Are Found Inside Or Outside The Anus.
- ❑ Half The Us Population Are Affected By Piles, Usually Before The Age Of 50.
- ❑ Around **10% Of Patients** Who Go And See Their Doctor About Piles, Require Surgical Treatment.
- ❑ Piles Are Often Not Serious And Go Away On Their Own.
- ❑ Internal Hemorrhoids Are Ordered Into Four Grades.
- ❑ External Hemorrhoids Are Called Perianal Hematoma.
- Piles Occur Due To Chronic [Constipation](#), Chronic [Diarrhea](#), Lifting Heavy Weights, Pregnancy Or Straining When Passing A Stool

Ask Following To Check Piles

- Do Any Close Relatives (Parents, Siblings) Have Piles?
- Has There Been Any Blood On The Stools?
- Has There Been Any Mucus On The Stools?
- Has There Been Any Recent Weight Loss?
- Have Bowel Movements Changed Recently?
- What Color Are The Stools?

What are the signs and symptoms of piles?

In Most Cases Piles Are Not Serious And Go Away On Their Own After A Few Days.


An Individual With Piles May Experience The Following Symptoms



- **A Hard Lump May Be Felt Around The Anus. It Consists Of Coagulated Blood, Called A Thrombosed External Hemorrhoid. This Can Be Painful**
- **After Going To The Toilet, A Feeling That The Bowels Are Still Full**
- **Bright Red Blood After A Bowel Movement**
- **Itchiness Around The Anus**
- **Mucus Discharge When Emptying The Bowels**
- **Pain While Defecating**
- **The Area Around The Anus May Be Red And Sore.**



Internal Hemorrhoids Are Classified Into Four type



- ❑ 1 - There Are Small Inflammations, Usually Inside The Lining Of The Anus. They Are Not Visible
- ❑ 2 - Larger Than type 1 Hemorrhoids, But Also Inside The Anus. When Passing A Stool, They May Get Pushed Out, But Return Unaided
- ❑ 3 - Often Called 'Prolapsed Hemorrhoids'; These Appear Outside The Anus. The Patient May Feel Them Hanging Out. They Can Be Pushed Back In If The Patient Presses With Their Finger
- ❑ 4 - These Cannot Be Pushed Back In And Need To Be Treated By A Doctor. They Are Large And Stay Outside The Anus All The Time. External Hemorrhoids Are Called Perianal Hematoma. These Are Small Lumps That Are Located On The Outside Edge Of The Anus. They Are Very Itchy And Can Be Painful If A Blood Clot Forms Inside (Thrombosed External Hemorrhoid). Thrombosed External Hemorrhoid Requires Medical Treatment Straight Away.


Below we highlight some common stool samples, identifying the type of stool that is healthy and those that are less healthy.



-  


Hard, separated lumps. Like pebbles. Hard to pass
Meaning: Constipation
-  

Lumpy. Resembling a nut covered candy bar
Meaning: Constipation
-  

Compact banana shape with cracks on surface
Meaning: Healthy GI Tract
-  

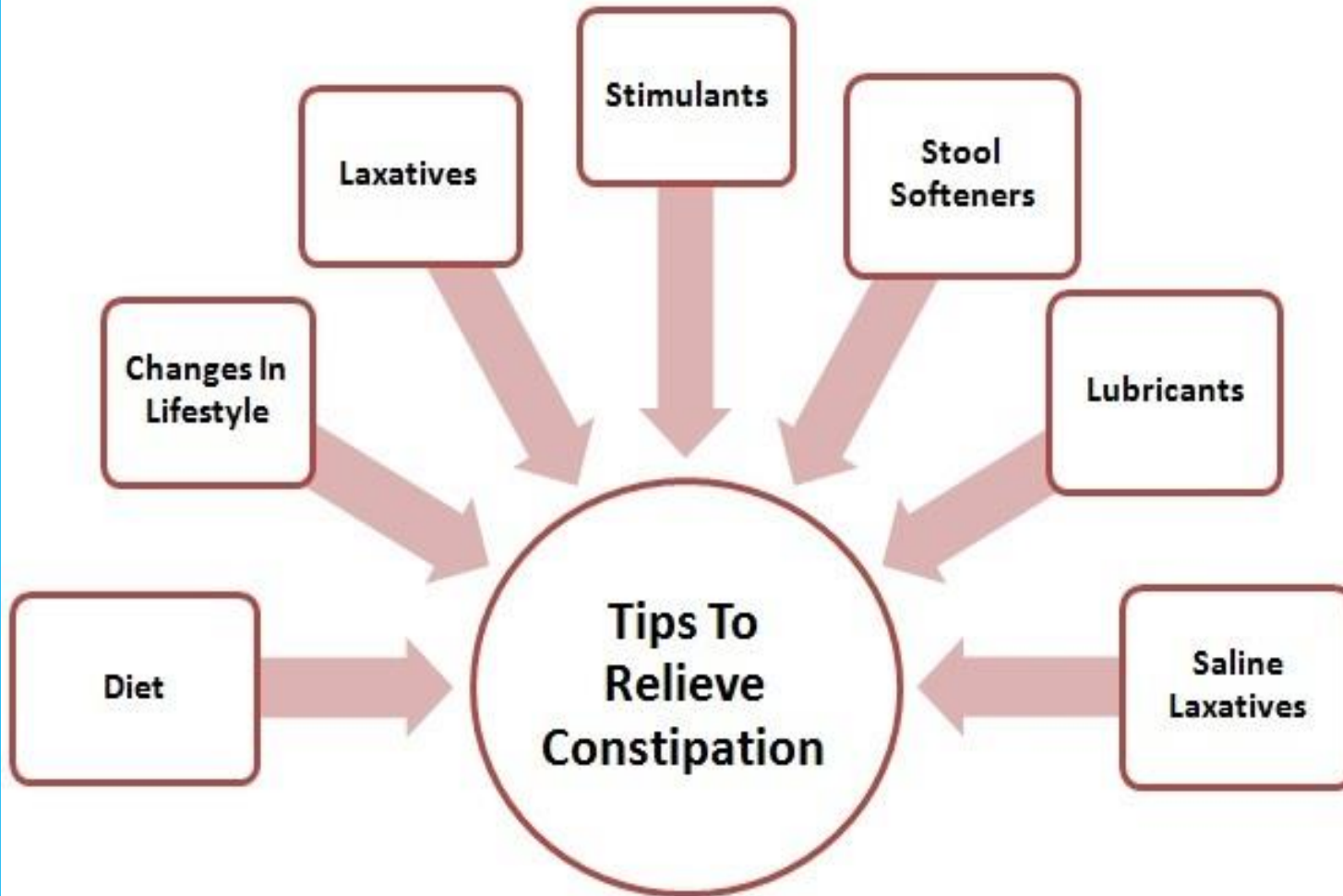
Long banana shape. Smooth and soft
Meaning: Ideal. Healthy GI Tract
-  

Soft blobs with distinct edges or borders
Meaning: Less substance. More liquid. Urgency
-  

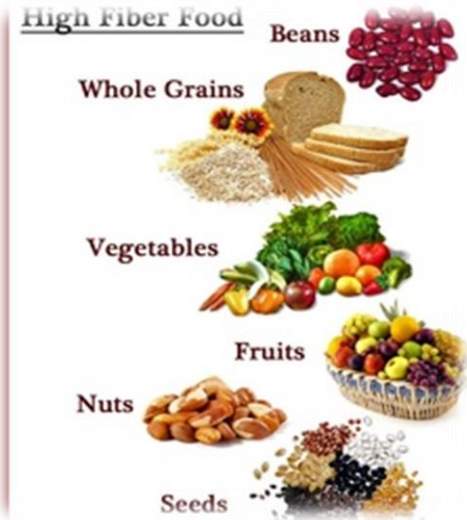
Fluffy pieces with ragged edges. Mushy
Meaning: Diarrhea. Urgency
-  

Watery. No solid pieces. Completely liquid
Meaning: Full blown diarrhea. Urgency to expel

How to take care



How To Take Care



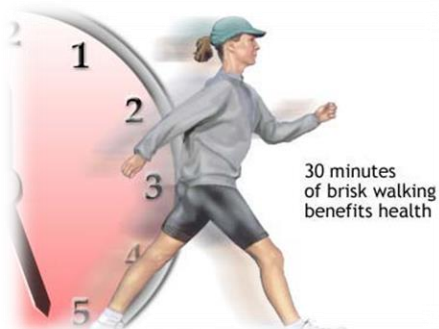
Eat More High Fiber food



Don't Eat Junk Food



Drink More Water



Go For Walk Daily



Take Curd & Buttermilk In Your Daily Meal



Avoid Obesity

Also Available

PYNIL™

OINTMENT

Enriched with balanced formula

30 gm Eco Pack With
FREE Applicator inside.

30 gm



For the use of regd. Medical practitioner only

PYNIL™

CAPSULES

3 x 10 Capsules



For the use of regd. Medical practitioner only

Thank you